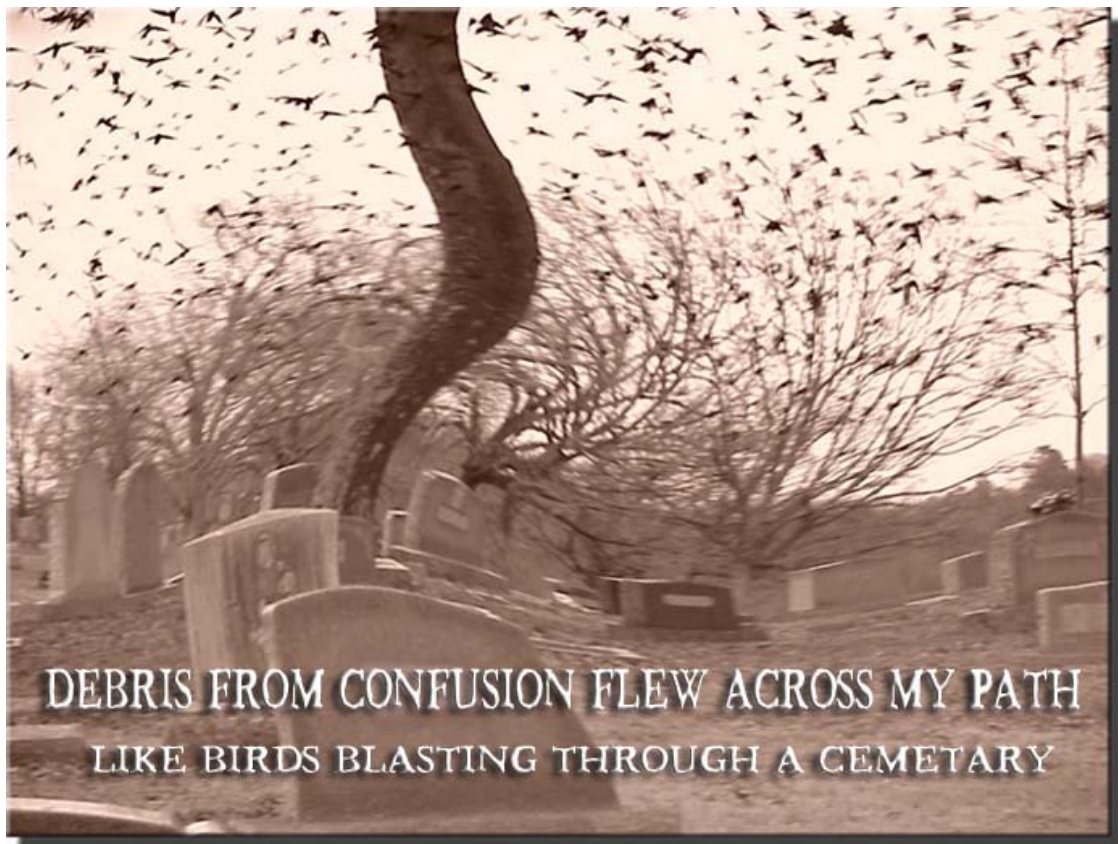


A swirling, sinking sense of brittle, empty, lifeless existence
Is this who I will always be?

Isolated
Confused
Hungry
Enraged at myself or the world or both
Despising my body and all that it remembers
Blinded to hope and exhausted from fear

Freedom



I was buried by my shame
The coffin nailed closed one choice at a time
Freedom seemed elusive
Impossible
Selfish . . .

Elusive

. . . That is what life feels like when you are a victim of sexual abuse from your childhood or adolescence. It is lonely and chaotic. You live with huge questions that terrify you. At the same time, the answers feel as if they could devour you.

We understand how you feel. We've been there too.

Committed to Freedom Ministries offers retreats for individuals who have endured the intimate violation of sexual abuse. The focus during the weekend is not on the abuse experience itself. You will not sit around and talk about what happened to you. Instead, we help connect the dots between what happened in the past and what challenges there are to be faced in the present. Then, we help you put together a strategy to take ownership of your choices. You will be given Spiritual tools to help you move beyond the abuse.

During this three day retreat, ideas and perspectives are presented that will empower you. You will find you can approach Jesus Christ as a fellow abuse survivor. As lies are dismantled and exchanged for the truth, you will see the prison of self-defeating behavior in a new light. From this vantage point, you will be able to identify an escape route.

Along with others who understand, who “get it,” you will learn more than you can imagine; experience God in new and intimate ways; and handle practical ideas through teaching, small groups, art, music, worship, prayer, quiet meditation, problem solving games, metaphors, and friendship. This may be hard to believe, but you will even have moments of fun.

*You don't have to be “falling apart” to have a life changing experience at a **Committed to Freedom** retreat. Many who attend are well on their way toward healing. They just want to take some time out to be with God and receive comfort and understanding.*

The retreat begins Friday afternoon through Sunday afternoon. During the weekend, you will stay at the retreat facility to give yourself time to think, pray and reflect without the pressures of everyday life crowding you.

The retreat is not intended to be a substitute for professional counseling or therapy. It is designed as a special time of focused spiritual growth for those who know Christ, as well as for those who are spiritual seekers. At the conclusion of the retreat, you will have an opportunity to purchase materials; self guided study materials as well as books. We also offer online support groups for retreat alumni. This will help you continued the momentum of growth.

Please complete the attached Registration Form and return it to:

Committed to Freedom Ministries PO Box 20916 Hot Springs, AR 71903-0916
Phone: 501-623-6850 Fax: 501-623-8053
Email: information@committedtofreedom.org
Web: www.committedtofreedom.org

Committed to Freedom Retreat Registration Form 2008

ALL Retreats begin at 2 pm on Friday and end at 3 pm on Sunday

Registration is from noon to 1:45 pm

Please PRINT and provide ALL information requested (4 pages)

Return to Committed to Freedom Ministries, Inc., P.O. Box 20916 Hot Springs, AR 71903-0916

Phone: 800-713-7837 or 501-623-6850 Fax: 501-623-8053

Website: www.committedtofreedom.org Email: retreatregistration@committedtofreedom.org

Registration Forms Must Be Received NO LATER THAN 14 Days Prior to Retreat

Cost: Varies according to location and facilities

Cost includes Lodging, Meals, Retreat, and Materials

Once your completed registration is received,
specific retreat information will be mailed to you.

Please Note:

If you are unable to attend the **entire** retreat from 2 pm on Friday until 3 pm on Sunday, you may not attend the retreat.

Check One	2008 Dates* (Registration Deadline)	Retreat Location*	Cost	Gender/Population
	* June 27th – 29th (Deadline 6/13/2008)	Cedar Falls, Iowa	\$300.00	Men's & Women's Retreat
	September 5th – 7th (Deadline 8/22/2008)	New York, New York	\$400.00	Women's Retreat
	* October 10th – 12th (Deadline 9/26/2008)	New York, New York	\$400.00	Men's Retreat
	November 14th – 16th (Deadline 10/30/2008)	Glen Rose, Texas	\$375.00	Men's Retreat

**Subject to change, additional retreats will be scheduled.*

If you want to room with a specific person, please give their name: _____

* Please note, the above retreats **in bold type** are single room facilities only.

For co-ed retreats, small group sessions as well as lodging arrangements are divided by gender.

PERSONAL INFORMATION

Are you a survivor of childhood/adolescent sexual abuse? Yes No Un-sure

Are you a survivor of childhood/adolescent physical abuse? Yes No Un-sure

Are you a survivor of childhood/adolescent emotional abuse? Yes No Un-sure

Please Print Clearly – if sending by fax, please use dark ink:

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Day Phone: _____ Extension: _____ Ok to call? Yes No

Night Phone: _____ Extension: _____ Ok to call? Yes No

Cell Phone: _____ Ok to call? Yes No

Email: _____

Birth Date: _____ Your Age Today: _____ Gender: _____

List any special needs that you have: _____

List any food allergies that you have: _____

List any medications that you are currently taking: _____

List any medical/psychological conditions of which we should be aware: _____

Are you are currently seeing a counselor/therapist/psychiatrist? Yes No

- If yes, please give his/her name, address and phone number: _____

◆ Please note, we will not contact anyone regarding your attendance unless requested by you.

Spiritual Beliefs

Do you believe in God? Yes No Un-sure

Describe yourself spiritually: _____

What church, if any, do you attend regularly? _____

City of your church: _____ State: _____

What are you expecting to get from this retreat? _____

Identify any fears that you have regarding this retreat? _____

General Information

Current Marital Status: Married, # of years: _____ Single Separated

Widowed Divorced Other : _____

How many children are living with you? _____

How many children are not living with you? _____

What is your highest level of education? _____

What is your occupation? _____

Is there anything else that you would like to share about yourself? _____

Emergency Contact

First Name: _____ Last Name: _____

Day Phone: _____ Ext: _____

Night Phone: _____ Ext: _____

Cell / Alternate Phone: _____

Relationship to you: _____

CONDITIONS, WAIVER, AND DISCLAIMER REGARDING YOUR PARTICIPATION:

PLEASE READ CAREFULLY AND SIGN:

(Note: Failure to sign prohibits you from attending the retreat)

- I understand that I will stay at the facility for the duration of the entire retreat (meals and lodging).
- I understand that no visitors will be permitted to interrupt the retreat.
- I understand that no children are permitted at the retreat.
- I understand that no animals are permitted at the retreat (unless they are handicap assisted trained dogs).
- I understand that no cell phones or beepers will be permitted at any of the session or retreat activities, but may be used during breaks in the schedule.
- I understand that the *Committed to Freedom Retreat* is not a substitute for medical or psychological care.
- I understand that I will not be advised to stop taking medication(s) or cancel physician/professional care.
- I understand that the staff give their time, compassion and love solely as caring people who want to be channels of God's love to me.
- I understand that the staff are non-credentialed persons who promise no professional or psychological expertise.
- I understand that the focus of this retreat is Christian spirituality.
- I will not hold *Committed to Freedom Ministries, Inc.*, any of its staff, volunteers, board members or any other affiliated organizations and/or persons responsible for my progress or lack of progress.
- I waive any and all claims for myself and my heirs against *Committed to Freedom Ministries, Inc.*, any of its staff, volunteers, board members or any other affiliated organizations and/or persons for injury or illness which may directly or indirectly result from participation.
- My participation in this retreat is my choice and indicates that I am aware and capable of accepting full responsibility for myself and my actions.

 Your Authorization Signature

 Parent/Guardian Signature if under age 18

Please Complete and Include the Retreat Payment Sheet with your Registration Form

COMMITTED TO FREEDOM RETREAT PAYMENT SHEET**Total cost of the retreat:**

Check One	2008 Dates* (Registration Deadline)	Retreat Location*	Cost	Gender/Population
	June 27 th – 29 th (Deadline 6/13/2008)	Cedar Falls, Iowa	\$300.00	Men's & Women's Retreat
	September 5 th – 7 th (Deadline 8/22/2008)	New York, New York	\$400.00	Women's Retreat
	October 10 th – 12 th (Deadline 9/26/2008)	New York, New York	\$400.00	Men's Retreat
	November 14 th – 16 th (Deadline 10/30/2008)	Glen Rose, Texas	\$375.00	Men's Retreat

The cost for the entire Committed to Freedom Retreat includes lodging, meals, retreat curriculum and materials.

Payment in full must be received by the retreat registration deadline.**Please select payment type:**

1. \$ _____ Enclosed with registration form.
 Check Money Order (Please do not send cash.)

2. \$ _____ Charged to my credit card.

Credit Card Information: (check one) <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard	
Account Number: _____	Exp Date: _____
Name on the Card: _____	Signature: _____
Card Address: _____	

3. \$ _____ Sponsorship: (Please provide all information requested.)

Name of Sponsor: _____	
Contact Person (if sponsor is an organization): _____	
Email Address: _____	Phone Number: _____
Address: _____	City: _____
State: _____	Zip: _____
Additional Information: _____	
* Full payment must be received by the retreat deadline to insure your attendance.	

Checks can be made out to Committed to Freedom Ministries.

Please return payment and completed registration form to:

Committed to Freedom Ministries, PO Box 20916, Hot Springs, AR 71903-0916

Or Fax to: 501-623-8053 (please call 501-623-6850 to make sure it arrives after sending.)

Information packets are sent out two weeks prior to the retreat. If you wish to receive your packet by email, please send an email with your retreat date in the subject line and a request for email packet in the body of the email to:

retreatregistration@committedtofreedom.org

Cancellation Refund Policy: If you must cancel, notification must be received 7 days prior to registration in order to receive a full refund, minus a \$25 processing fee. There are no refunds after this period.